

# SEPTEMBER 2020

## OAK VIEW SCHOOL

### LUNCH MENU

#### Week of September 8-14



Meals can be picked up between 11:30AM - 12:30PM on Tuesdays and Thursdays and will include multiple meals to make up for non-pickup days.

We ask that all families remain in their vehicles until staff can hand over the meals through the car window.

| TUESDAY 09/08 PICK UP  |   | THURSDAY 09/10 PICK UP   |   |   |
|--|---|--|---|---|
| <u>meal for 09/08</u>  | <u>meal for 09/09</u>   | <u>meal for 09/10</u>  | <u>meal for 09/11</u>   | <u>meal for 09/14</u>   |
| Pepperoni Pizza Pocket<br>Fresh Fruit<br>& Vegetables<br>8 oz Milk   | Pretzel w/cheese sauce<br>Strawberry Fruit Cup<br>Baby Carrots<br>8 oz Milk   | Pasta Alfredo<br>Garlic Breadstick<br>Assorted Vegetable<br>or Fruit<br>8 oz Milk  | Taco Bowl<br>(beef, cheese, rice, beans)<br>Tortilla Chips<br>Fresh Salsa<br>8 oz Milk  | Hot Dog<br>3/4 cup Oven Fries<br>Assorted Vegetables<br>or Fruit<br>8 oz Milk   |
| <u>INSTRUCTIONS</u>  | <u>INSTRUCTIONS</u>   | <u>INSTRUCTIONS</u>  | <u>INSTRUCTIONS</u>   | <u>INSTRUCTIONS</u>   |
| <b>REMOVE WRAPPER</b><br>Place on a microwave safe plate.<br><b>Microwave:</b> Heat for 1 min and 45 seconds<br>or<br>Place on a baking sheet<br><b>Conventional oven:</b> preheat to 350 degrees, bake for 24 minutes | Place on microwave safe plate. Moisten top with water.<br><b>Microwave:</b> 45-55 seconds or until pretzel is fully heated or<br>Place on a baking sheet<br><b>Conventional oven:</b> preheat to 425 degrees. Moisten top w/water. Bake for 6-8 minutes or until pretzel is golden brown and fully warmed | <b>Pasta:</b> reheat in the microwave safe bowl provided.<br><b>Microwave:</b> remove lid Heat for 1 minute 50 seconds or more if needed<br><b>Breadstick:</b> Heat for 20-30 seconds<br>Let set to cool before eating | reheat in the microwave safe bowl provided.<br><b>Microwave:</b> Heat for 1 min and 50 seconds<br>If more is needed, heat in 30 second increments | Place on microwave safe plate.<br><b>Microwave:</b> 75 seconds.<br>If more is needed, heat in 10 second increments<br><br>Let set to cool before eating |

Please properly store food items. Meals are served cold and are to be reheated. Chilled items must be placed in either the refrigerator or freezer within 1 hour of pick up.

All menus are available online at [www.myoakview.com](http://www.myoakview.com)

**HAVE A GREAT WEEK!**

2020-2021 LUNCH PRICES  
Child Reduced Lunch \$.50  
Child Paid Lunch K-8 \$2.50  
Adult Lunch \$4.00  
Milk \$.50