

# OCTOBER 2018

## OAK VIEW SCHOOL

### LUNCH MENU



ALL LUNCHEES INCLUDES:  
**FRUIT: APPLE, BANANA, ORANGE OR CANNED FRUIT CUP**  
**VEGGIES: SIDE GARDEN SALAD, SALAD BAR OPTIONS**  
**MILK: 1% MILK OR NON-FAT CHOCOLATE MILK**

**SALAD BAR OPTIONS**  
 DAILY: BABY CARROTS  
 TUESDAY : BEANS  
 THURSDAY: BROCCOLI

**STUDENTS MUST TAKE A MINIMUM OF 1/2 CUP OF FRUIT AND/OR VEGETABLE WITH EACH MEAL**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 <b>LUNCH</b> SPAGHETTI WITH MEAT SAUCE (30g) GARLIC BREADSTICK (15g)	2 <b>LUNCH</b> BUILD YOUR OWN BEEF BURRITO TORTILLA CHIPS (18g) SALSA	3 <b>LUNCH</b> SUBMARINE (39g) SANDWICH SUN CHIPS (28g)  Pinocchio Theatre Assembly K-8th	4 <b>LUNCH</b> BEEF AND CHEESE NACHOS (26g) OR FRUIT PARFAIT(58g)	5 <b>LUNCH</b> PEPPERONI PIZZA (31g) CHEESE PIZZA  SCRIP DUE Dress Up Day: "Breast Cancer Awareness"
8 <b>LUNCH</b> CORN DOG (30g) TATER TOTS (8g)  Fire Prevention Week	9 <b>LUNCH</b> CHICKEN AND CHEESE QUESADILLA (28g) TORTILLA CHIPS (18g) SALSA  Fire Prevention Week	10 <b>LUNCH</b> CHICKEN PATTY (41g) SANDWICH OVEN FRIES (8g)  Parent Club Meeting 6:30 Fire Prevention Week	11 <b>LUNCH</b> PRETZEL (38g) WITH CHEESE SAUCE  Fire Prevention Week	12 <b>LUNCH</b> PEPPERONI PIZZA (31g) CHEESE PIZZA  Fire Prevention Week
15 <b>LUNCH</b> TERIYAKI CHICKEN WITH BROWN RICE (26g) GOLDFISH CRACKER (14g)	16 <b>LUNCH</b> TOSTADA BOAT (17g) TORTILLA CHIPS (18g) SALSA	17 <b>LUNCH</b> CHEESEBURGER (26g) OVEN FRIES (8g)  Spelling Bee (4th-8th)	18 <b>LUNCH</b> SPAGHETTI WITH MEAT SAUCE (30g) GARLIC BREADSTICK (15g)  School Site Council 3-4:00 Board Meeting 6:30	19 <b>LUNCH</b> PEPPERONI PIZZA (31g) CHEESE PIZZA  <b>MINIMUM DAY</b> Fall Field Day (K-8th) Quarter 1 Ends
22 <b>NO SCHOOL</b> TEACHER WORK DAY  	23 <b>LUNCH</b> CRISPY TACOS (15g) TORTILLA CHIPS (15g) SALSA  Red Ribbon Rally	24 <b>LUNCH</b> HOT DOG (23g) OVEN FRIES (8g) OR FRUIT PARFAIT(58g) <b>MINIMUM DAY</b>	25 <b>LUNCH</b> BBQ PORK SANDWICH (37g) SUN CHIPS (28g)  	26 <b>LUNCH</b> PEPPERONI PIZZA (31g) CHEESE PIZZA  Halloween Carnival Dinner 5:30 Event 6PM-8PM
29 <b>LUNCH</b> CHICKEN NUGGETS (20g) DINNER ROLL (13g) TATER TOTS (8g)  Parent Conferences <b>MINIMUM DAY</b>	30 <b>LUNCH</b> SPAGHETTI WITH MEAT SAUCE (30g) GARLIC BREADSTICK (15g)  Parent Conferences <b>MINIMUM DAY</b>	31 <b>LUNCH</b> BAKED CHICKEN W/BROWN RICE (21g) DINNER ROLL (13g) Halloween Parade Parent Conferences <b>MINIMUM DAY</b>	<b>2018-2019 SCHOOL LUNCH PRICES</b>  Child Reduced Lunch...\$ .40 Child Paid Lunch K-8 ...\$2.40 Milk...\$.50 Choc. Milk...\$.50 Adult Lunch....\$4.00	

