

# OCTOBER 2020

## OAK VIEW SCHOOL LUNCH MENU



**ALL LUNCHES INCLUDES:**  
**FRUIT: APPLE, BANANA, ORANGE OR CANNED FRUIT CUP**  
**VEGGIES: SIDE GARDEN SALAD, SALAD BAR OPTIONS**  
**MILK: 1% MILK OR NON-FAT CHOCOLATE MILK**

**STUDENTS MUST TAKE A MINIMUM OF 1/2 CUP OF FRUIT AND/OR VEGETABLE WITH EACH MEAL**

MENU ITEMS MAY BE SUBJECT TO CHANGE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>2020-2021 SCHOOL LUNCH PRICES</b>                      Child Reduced Lunch \$.50                      Child Paid Lunch K-8 \$2.50                      Adult Lunch \$4.00 Milk \$.50</p>	<p>Oak View Parent Club will be hosting a Trunk or Treat event this year on Friday, October 30th                      Be on the lookout for more info.</p>			
<p>5  <b>BREAKFAST FOR LUNCH</b>                      FRENCH TOAST (40g)                      SAUSAGE PATTY                      TATER TOTS (8g)                      Fire Prevention Week</p>	<p>6  <b>LUNCH</b>                      CRUNCHY TACOS (13g)                      TORTILLA CHIPS (18g)                      FRESH SALSA                      Fire Prevention Week</p>	<p>7  <b>LUNCH</b>                      SPAGHETTI (30g)                      GARLIC BREADSTICK(15g)                      Fire Prevention Week</p>	<p>8  <b>LUNCH</b>                      CHICKEN ENCHILADA                      CASSEROLE(26g)                      TORTILLA CHIPS (18g)                      Fire Prevention Week</p>	<p>9  <b>LUNCH</b>                      CHEESEBURGER (26g)                      OVEN FRIES (8g)                      Fire Prevention Week</p>
<p>12  <b>LUNCH</b>                      FRUIT PARFAIT (58g)                      STRING CHEESE (1g)                      Fire Prevention Week</p>	<p>13  <b>LUNCH</b>                      HOT DOG (23g)                      SUN CHIPS (18g)                      Fire Prevention Week</p>	<p>14  <b>LUNCH</b>                      PIZZA DAY (30g)                      Parent Club Meeting 6:30</p>	<p>15  <b>LUNCH</b>                      CHICKEN PASTA (27g)                      GARLIC BREADSTICK (15g)                      Board Meeting 6:30</p>	<p>16  <b>LUNCH</b>                      PRETZEL (38g)                      WITH CHEESE SAUCE                      APPLE STRUDEL                      MINIMUM DAY</p>
<p>19  <b>LUNCH</b>                      TERIYAKI CHICKEN                      W/RICE (26g)                      STEAMED VEGGIES</p>	<p>20  <b>LUNCH</b>                      CHILI FRIES (37g)                      CORN MUFFIN (23g)</p>	<p>21  <b>LUNCH</b>                      BUILD YOUR OWN                      BEEF BURRITO (31g)                      TORTILLA CHIPS (18g)                      SALSA                      MINIMUM DAY</p>	<p>22  <b>LUNCH</b>                      CHICKEN PATTY                      SANDWICH (41g)                      OVEN FRIES (8g)</p>	<p>23  <b>LUNCH</b>                      TURKEY WRAP (17g)                      CHOC CHIP MUFFIN (29g)</p>
<p>26  <b>LUNCH</b>                      CHICKEN NUGGETS (20g)                      DINNER ROLL (13g)                      TATER TOTS (8g)                      Parent Conferences                      MINIMUM DAY</p>	<p>27  <b>LUNCH</b>                      BEAN AND CHEESE                      BURRITO (51g)                      STEAMED RICE                      Parent Conferences                      MINIMUM DAY</p>	<p>28  <b>LUNCH</b>                      BAKED CHICKEN                      W/MASHED POTS (21g)                      DINNER ROLL (13g)                      Parent Conferences                      MINIMUM DAY</p>	<p>29  <b>LUNCH</b>                      PIZZA BAGEL (18g)                      GOLDFISH CRACKERS (14g)                      Parent Conferences                      MINIMUM DAY</p>	<p>30  <b>LUNCH</b>                      CHICKEN NOODLE SOUP                      Halloween Trunk or Treat                      Halloween Parades                      K-3rd 10:30, 4th-8th 11:00                      Parent Conferences                      MINIMUM DAY</p>