



# MARCH 2020


## OAK VIEW SCHOOL

### LUNCH MENU



All meals **MUST** consist of a serving of fruit or vegetable along with **two** other components offered to be a complete meal.  
 Students select from these **five** components offered:  
 Whole Grains, Proteins (Meat/Meat Alternative), Dairy, Fruits, Vegetables  
 We offer a variety of fresh fruit & vegetables daily  
 Meals meet USDA Regulations

**Menu items may be subject to change based on availability**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p><b>LUNCH</b>            BEEF TACO SALAD (27g)            TORTILLA CHIPS (18g)            SALSA</p> <p>Oak View 4-H Meeting 6:30</p>	<p>3</p> <p><b>LUNCH</b>            FISH STICKS (20g)            GARLIC BREADSTICK (15g)</p>	<p>4</p> <p><b>LUNCH</b>            POPCORN CHICKEN (11g)            MASHED POTATOES WITH GRAVY (17g)            GARLIC BREADSTICK (15g)</p>	<p>5</p> <p><b>LUNCH</b>            CHILI FRIES (37g)            CORN MUFFIN (23g)</p>	<p>6</p> <p><b>LUNCH</b>            GRILLED CHEESE SANDWICH (30g)            BAKED BEANS (26g)            GIFT CARD ORDERS DUE            Dress up Day:            "Peace and Love Day"</p>
<p>9</p> <p><b>LUNCH</b>            SPAGHETTI w/wo MEAT SAUCE (28g)            BREADSTICK (15g)</p>	<p>10</p> <p><b>LUNCH</b>            CORN DOG (30g)            TATER TOTS (8g)</p> <p>Spring Book Fair</p>	<p>11</p> <p><b>LUNCH</b>            TERIYAKI CHICKEN w/RICE (26g)</p> <p>Spring Book Fair            Parent Club Meeting 6:30</p>	<p>12</p> <p><b>LUNCH</b>            PB&amp;J SANDWICH (32g)            GOLDFISH CRACKERS (14g)  <b>MINIMUM DAY</b>            Spelling Bee (1st-3rd) 8:30            Picnic on the Green 12-1:00            Spring Book Fair</p>	<p>13</p> <p><b>NO SCHOOL</b>  <b>TEACHER IN-SERVICE</b></p>
<p>16</p> <p><b>LUNCH</b>            PIZZA DAY (31g)</p> <p>2020-21 TK/K Registration packets available in the office</p>	<p>17</p> <p><b>LUNCH</b>            PRETZEL (38g)            W/CHEESE SAUCE</p> 	<p>18</p> <p><b>LUNCH</b>            CHICKEN PATTY (41g)            SANDWICH            OVEN FRIES (8g)</p> <p><b>MINIMUM DAY</b></p>	<p>19</p> <p><b>LUNCH</b>            ALFREDO PASTA (46g)            GARLIC BREADSTICK (15g)</p> <p>Board Meeting 6:30</p>	<p>20</p> <p><b>BREAKFAST FOR LUNCH</b>            FRENCH TOAST (40g)            SCRAMBLED EGGS            SAUSAGE PATTY            TATER TOTS (8g)</p> <p>Talent Show (K-8th) 6PM</p>
<p>23</p> <p><b>LUNCH</b>            BEEF HOT DOG (23g)            TATER TOTS (8g)</p>	<p>24</p> <p><b>LUNCH</b>            CHICKEN NUGGETS (20g)            DINNER ROLL (13g)            TATER TOTS (8g)</p>	<p>25</p> <p><b>LUNCH</b>            HAMBURGER or CHEESEBURGER (26g)            OVEN FRIES (8g)</p>	<p>26</p> <p><b>LUNCH</b>            CHEESE ENCHILADA (13g)            STEAMED VEGGIES</p> <p>Spring Pictures            Whole School Picture</p>	<p>27</p> <p><b>LUNCH</b>            CHICKEN NOODLE SOUP (23g)            GARLIC BREADSTICK (15g)</p> <p>Assembly            K-3 8:20, 4-8 9:15</p>
<p>30</p> <p><b>LUNCH</b>            CHICKEN TACOS (18g)            TORTILLA CHIPS (18g)            SALSA</p>	<p>31</p> <p><b>LUNCH</b>            BEAN AND CHEESE BURRITO (44g)            STEAMED VEGGIES</p>	<p><b>LUNCH</b>            CHICKEN OR CHEESE QUESADILLA (28g)            TORTILLA CHIPS (18g)</p>	<p><b>LUNCH</b>            BEEF AND/OR CHEESE NACHOS (26g)</p>	<p><b>2019-2020 SCHOOL LUNCH PRICES</b>            Child Reduced Lunch...\$.40            Child Paid Lunch K-8 ...\$2.40            Milk...\$.50 Choc. Milk...\$.50            Adult Lunch....\$4.00</p>