



DECEMBER 2019 OAK VIEW SCHOOL LUNCH MENU



All meals MUST consist of a serving of fruit or vegetable along with two other components offered to be a complete meal. Students select from these five components offered: Whole Grains, Proteins(Meat/Meat Alternative), Dairy, Fruits, Vegetables

We offer a variety of fresh fruit & vegetables daily

Meals meet USDA Regulations

MILK OPTIONS: 1% WHITE MILK OR NF CHOCOLATE MILK

Menu items may be subject to change based on availability

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>2</p> <p><u>LUNCH</u> MAC AND CHEESE (29g) CORN (9g)</p> <p>Oak View 4-H Meeting 6:30</p>	<p>3</p> <p><u>LUNCH</u> BEEF TOSTADA (18g) TORTILLA CHIPS (18g) FRESH SALSA CHURRO</p>	<p>4</p> <p><u>LUNCH</u> POPCORN CHICKEN MASHED POTATOES AND GRAVY (11g) GARLIC BREADSTICK (15g)</p>	<p>5</p> <p><u>LUNCH</u> FISH STICKS (20g) DINNER ROLL (13g) OVEN FRIES (8g)</p>	<p>6</p> <p><u>LUNCH</u> PIZZA BAGEL (18g) GOLDFISH CRACKERS(14g) SCRIP DUE Dress Up Day: "Christmas in Acampo" Christmas Dance (6th -8th)</p>
<p>9</p> <p><u>LUNCH</u> TURKEY SANDWICH (39g) SUN CHIPS (28g)</p>	<p>10</p> <p><u>TACO TUESDAY</u> CRUNCHY CHICKEN OR BEEF TACO (13g) TORTILLA CHIPS (18g) FRESH SALSA CHURRO</p>	<p>11</p> <p><u>LUNCH</u> CHICKEN PATTY (41g) SANDWICH OVEN FRIES (8g)</p>	<p>12</p> <p><u>LUNCH</u> PRETZEL (38g) W/ CHEESE SAUCE</p>	<p>13</p> <p><u>BREAKFAST FOR LUNCH</u> FRENCH TOAST STIX (40g) SAUSAGE PATTY SCRAMBLED EGGS TATER TOTS (8g) Spirit of the Season 6-8:00</p>
<p>16</p> <p><u>LUNCH</u> CHICKEN NUGGETS (20g) MASHED POTATOES AND GRAVY (11g)</p>	<p>17</p> <p><u>LUNCH</u> GRILLED CHEESE SANDWICH (30g) BAKED BEANS (26g) Board Meeting 6:30</p>	<p>18</p> <p><u>LUNCH</u> HAMBURGER OR CHEESEBURGER (26g) OVEN FRIES (8g) HOLIDAY PROGRAMS Starts at 7:00</p>	<p>19</p> <p><u>LUNCH</u> ALL BEEF HOT DOG (23g) SUN CHIPS (28g) HOLIDAY PROGRAMS Starts at 7:00</p>	<p>20</p> <p><u>LUNCH</u> CHICKEN NOODLE SOUP (23g) GARLIC BREADSTICK (15g) MINIMUM DAY Q2 Ends</p>



December 23th - January 3rd
Enjoy your Winter Break

**2019-2020 SCHOOL
LUNCH PRICES**

Child Reduced Lunch \$.40
Child Paid Lunch K-8 \$2.40
Milk \$.50 Choc. Milk \$5.50
Adult Lunch \$4.00

